

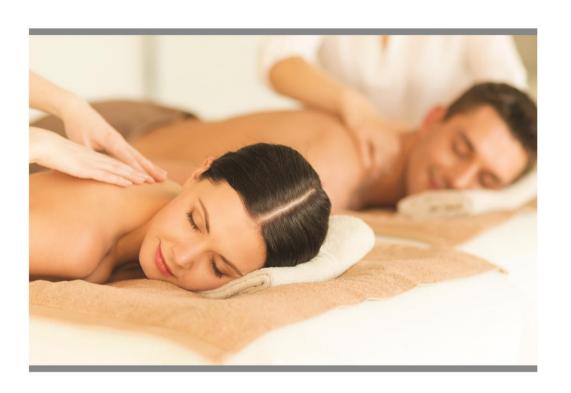
Unlimited luxury for mind, body, and soul.



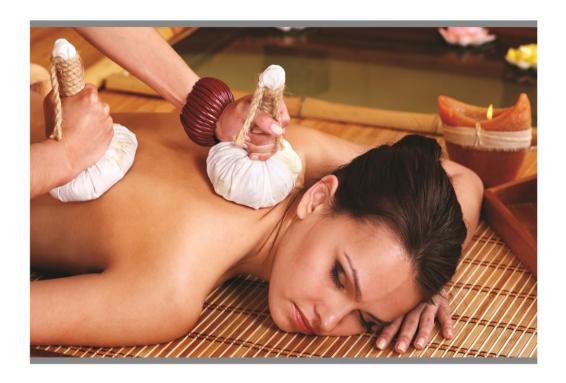
Discover yourself what the true meaning of being pampered. In our new modern Spa you will find well trained international Staff and Therapists who knows about hospitality and service to find for you the perfect treatment..

**Treatments** to relax and revive, from head to toe Inspired by ancient traditions and designed for your personal needs, every one of our unique treatments has been created to bring equilibrium to your mind, body and spirit.

In addition to the Spa signature treatments and traditional Asian therapies, the spa menu offers locally inspired treatments using organic ingredients and Arabic spices.



Our Massage Treatments



### Oriental Herbal Stamp Massage

50 min

A harmonious combination of a classic massage with warm aromatic stamp massage using stamps filled with Egyptian herbs! An incredible massage with the power of nature - pure pleasure.

### Full Body Oil Aromatic Massage "Classic"

50 min

During this massage you will be pampered with pure almond oil, enriched with subtle flavor essences. The different fragrance blends have a stimulating or soothing effect to balance the senses and relaxes the mind.

Oriental Massage

50 min

A deep tissue massage with stretching movements helps to release all tension in your body, the therapist is using forearms and elbows for deeper pressure to work also on acupressure and trigger points to get rid of pain and tension.



Slimming Massage

50 min

A firm massage working especially on the legs, hips, stomach and upper arms to increase and stimulate your lymphatic system and blood circulation.

Four - Hand Massage

It's like getting a 1, 5 hour massage in 45 min!

This is the ultimate full body massage... Two professional massage therapists work together in the same time to heighten your massage experience. You receive double the relaxation and tension relief in half the time...

Relaxing "Anti-Stress" Massage

50 min

A smoothing massage combines the elements of different massages and is structured to your individual needs, starts on the feet and goes up to the head to decrease your stress level.



### Egyptian Foot Reflexology

25 min

Reflexology has a fascinating history from the tombs of Ancient Egypt to Cleopatra to the rediscovery of this lost art in the 1900's.

The reflex points are an exact mirror of the human body and include reflexes for every organ, gland and body part.

Wellness Massage

75 min

A treatment for unlimited well-being!

Treat yourself to relaxation and well-being during a wellness massage with aroma oil (your choice). Your whole body is massaged with pleasant pressure. To top it off, you can enjoy wonderful head, neck and face massage with face mask .



Hot Stone Therapy

50 min

Traditional holistic massage technique from Bali, hot basalt stones are the highlight of this incredible full-body massage which not only gives physical relaxation also brings back harmony to the soul.

Shiatsu Massage

50 min

Shiatsu massages not using oil, the patient lies on a mat on the floor. Through sensitive pressure and stretching techniques along the meridians energy is able to flow properly again.



### Abhyanga - the technique of caring hands

50 min

Gentle, beneficial hands, to help you relax and let go. Abhyanga is a wonderful way of reviving and harmonizing the whole body. The whole body is massaged with warm sesame oil and strokes full of feeling. Experience deep relaxation and feel stress disappear. The body's tissue will be firmed, smoothed and will be able to resist stress and strain once more. The body is also rid of toxins.

Thai Foot Reflexology

50 min

Our feet carry us through life and are the mirror of our health. A foot reflex zone massage activates our body's self healing functions, reduces health problems.



Lomi Lomi For Kids

25 min

Hawaiian massage - releases tension ...

A wonderful aroma of warm coconut oil and a gentle massage let even younger guests really relax!

Our Harmonious Children's Massage

50 min

Children want to be pampered too!

The harmonious children's massage strengthens body awareness and is designed for the requirements of children up to the age of 12. This exceptional massage is a welcome aid against stress, concentration difficulties, and sleeping problems. Afterwards the children feel relaxed and harmonious.



# Our Spa Rituals

All our Spa Rituals start with a short visit in the sauna to open the skin pores for the scrub, if you want to enjoy longer in the sauna or steam bath before your treatment please feel free and come earlier.



### Shahrazad and Shahryar

120 min

An intensive relaxation program for your body, spirit and soul!

Designed for couples, Honeymooners or best friends in our private massage room in romantic ambiance with Jacuzzi. Full body scrub (your choice), full body crème mask with honey and oriental massage.

Oriental Harmony for Two

120 min

Enjoy an undisturbed luxury bath in the whirlpool side by side to the sound of relaxing oriental music. Breathe deeply during a private steam treatment with rasul mask, pamper your skin with a gentle scrub, before finally allowing yourself to become oblivious to space and time during a 60-minute Relax massage with Shea butter.



Chocolate Magic

80 min

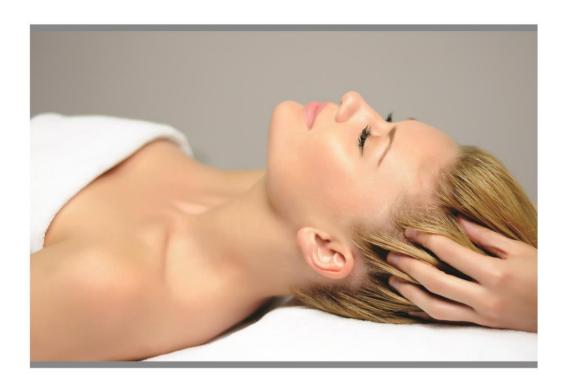
Treat yourself to the sweetest of experiences, a wonderful texture fusion for touch, taste, and smell!

Full body chocolate scrub and anti-stress massage with chocolate oil.

Aphrodite Touch of Beauty

80 min

A simply unforgettable sensual experience from head to toe! Exotic coconut honey milk scrub, full body massage.



Indian Bliss 80 min

Ayurveda is timeless - it has existed for over 5000 years, yet it continues to apply to modern day life. This rhythmical and deeply relaxing warm oil rejuvenating massage is great for anyone in need of de-stressing. Your nerves are soothed as you drift into a state of bliss. Abhyanga and Indian head massage with warm sesame oil.

Asian Adventure 120 min

A very intensive relaxation program for your body, spirit and soul! Attain natural equilibrium with selected holistic treatments Refreshing body scrub, Thai massage and foot reflexology .



Peaceful Journey

120 min

A uniquely customised treatment of your choice to satisfy your needs of body relaxation. Starting with foam scrub (Kese) followed by coconut or peach salt scrub, moving to a full body Mud Mask and ending with your choice of a relaxing full body massage.

Oriental Sweet and Soft

80 min

A simply unforgettable sensory experience from head to toe For Her... Vanilla scrub and full body Egyptian massage For Him... Peach scrub and full body Egyptian massage

Ancient Egyptian Ceremony

80 min

Reflexology has a fascinating history from the tombs of Ancient Egypt to Cleopatra, rediscovered the lost art in the 1900's

Inspired by ancient beauty secrets, it helps to detoxify the body and to reveals your inner beauty Rasul bath Ritual, Egyptian massage with foot reflex



Our Hammam Rituals



#### Arabian Hammam - A slightly different Hammam

50 min / 80 min

Forget all about everyday life and enjoy this cleansing ritual with traditional Egyptian products. The natural Rasul clay mask helps to detoxify the body and re-mineralize the skin, followed by a steam bath this is the perfect preparation before the soap suds massage. Special Egyptian herbs are rubbed into your skin to round off the treatment, leaving your skin with a nice feeling of being refreshed and clean.

#### Turkish bath Hammam Ritual

50 min / 80 min

This traditional ceremony has evolved over thousands of years. Whilst you're lying down on heated marble dressed in a traditional waist cloth, the Therapist works to ex-foliate your body with soap foam scrub called "Kese".

#### Rhassoul bath Ritual

30 min

The oriental Ritual is a combination of a steam bath, a body scrub mask, and clay, promoting blood circulation, which deeply hydrates the skin. Imagine you and your partner or choicest friends painting mud on each other. Then shower away the clay leaving skin soft, smooth, and cleansed.



Our Beauty Rituals



Classic Facials

Ampoules Therapy Facial

Deep cleansing, exfoliation, intensive ampoules and rebalancing massage. Tailored to the individual skin type. perfect for sensitive, fragile capillaries and combination skin type.

Skin Purifying Facial

Ideal for oily congested and problematic skin. Planet spa organic products.



# Lift and Firm Facials

#### Collagen Facial

The ultimate in anti ageing hydrating facials. This cosmetician facial is designed to regenerate the skin and target the ageing skin

### Brightening Facial

The ultimate solution for dull and sallow skin. The high concentrate of vitamin C also helps in collagen production to smooth the skin.

#### Middle East Facial

Eyebrows shaping, face hair removal, steam, exfoliation, deep cleansing, face treatment by different natural organic products, mask, face massage.



### Planet Spa Signature Facial

Gold hydrating facial, steam, face deep cleansing, exfolation, gold mask, face, head, neck massage by organic Jojoba oil.

Adam and Eve Facial

Deep cleansing, exfoliation, steam, treatment for Adam silver mask, for Eve gold mask. Face, head, neck massage by organic Jojoba oil.



## Pedicure

A pedicure is a superficial cosmetic treatment of the feet and toenails. It provides asimilar service to a manicure.

Pedicures are dine for cosmetic, therapeutic nail diseases and nail disorders. Pedicures are not just limited of nails, usually dead skin cells on bottom of feet are rubbed of using rough stone called Pumice stone.

Mini Pedicure

Sea salt bath, clean hard, dead skin, foot scrub and massage.

Luxury Pedicure

Sea salt bath, clean hard, dead skin, foot scrub, masks, treat toenails and massage.

Spa Pedicure

Sea salt bath, treat dead and hard cells skin, scrub, masks, remove the hair with thread, treat toenails and massage.



## Manicure

Mini Manicure

Sea salt bath, manicure, hand scrub and massage.

Luxury Manicure

Sea salt bath, manicure, hand scrub, color and massage.

Spa Manicure

Sea salt bath, manicure, hand scrub, mask, remove the hair of hand, color, massage and French or polish.

Nail Polish Nail French Polish Gel Nails Gel Nails French



# Jinting and Shaping

Eyebrow Shaping

Eyebrow Tint

Eyelashes Tint

Eyebrow and Eyelashes Jint

Eyelashes Extension Classic

Enhances length, thickness and fullness to natural eyelashes. One by one extensions. From 3 to 4 weeks.

Eyelashes Extension 3D Volume

Three eyelash extensions are applied to one natural eyelash, 3D effect or also known as Russian volume



## Make-up

Facial makeup products: Mac, Makeup for ever, Smashbox, Bobbi Brown, Covergirl, Max factor, L'oreal, Maybelline, Inglot, Jane Iredale, Atelier.

Day Make-up

Evening Make-up

Bridal Make-up

Bride Make-up with trial

Bride Make-up with trial incl. Lashes

Bridesmaids Make-up

Wedding Party Essentials

Makeup, wash and blow dry, hand and feet nail polish.



## Waxing

Half Leg Wax

Full Leg Wax

Bikini Line Wax

Full Bikini Wax

Under Arm Wax

Upper Lip and Chin Wax

Back Wax

Chest Wax

Arm Wax

... Unforgettable

